

LEFT OF FIELD

Menu served until 3pm daily

ALL DAY BREAKFAST

Toast - 8

Sourdough / Rye / Fruit Loaf - house made jam (v)

Single O Granola - 16

Killerbee espresso panna-cotta, house-roasted granola, cocoa, market fresh berries, meringue (v)

Smashed Avo - 18

Avocado, cherry tomatoes, Spanish onion, bocconcini, fresh basil, balsamic vincotto (v)
add eggs +3 / add bacon +4

LOF Breaky Roll - 15

Double egg, double bacon, house made tomato chutney and aioli on a milk bun
add haloumi +4

Chili Scrambled Eggs - 17

Eggs scrambled in chili, red peppers, tomato chutney and feta with Turkish bread (v)
add bacon / haloumi +4

Mediterranean Loubieh and Eggs - 18

Green beans braised in ripe tomatoes, Arabic 7-spice and EVOO, topped with a sumac fried egg on sourdough (v)

Roast Mushrooms and labneh - 19

Aged balsamic roasted mushrooms, sautéed spinach, toasted almonds, labneh, parsley oil and fine herbs (v)

Free range eggs - cooked your way - 11

Poached, fried or scrambled eggs on sourdough (add a few of our yummy sides from below)

Corned beef hash - 20

Crushed potato hash sautéed with house made corned beef, onions and southern spices, topped with fried eggs

Carrot Cake Hotcakes - 21

Cinnamon spiced carrot and pineapple hotcake with maple and mandarin cream, cream cheese glaze, toasted coconut and walnuts. (v)

EXTRAS

Eggs +3

Bacon/ Haloumi / Chorizo / Mushrooms +4

Grilled Chicken/ Avocado/ Smoked Salmon +5

ALL DAY LUNCH

Summer Falafel Bowl - 20

Falafel, hummus, roasted pumpkin, smoked eggplant seasonal vegetables, pickles and quinoa tabouleh (v)
add chicken +5

Ruben Sarnie - 22

Rye bread filled with caraway spiked sauerkraut, corned beef, swiss cheese, Russian dressing, dill and mustard cornichons, served with potato crisps

Peri Peri Chicken Burger - 21

Marinated grilled chicken breast basted with peri-peri sauce, shredded iceberg lettuce, mayonnaise and American cheddar on a toasted milk bun, served with shoestring fries
add bacon +4

Kofta Burger - 22

Tony's famous lamb kofta pattie, cucumber & mint yoghurt, roast peppers and rocket, served with fries

Broccoli and Pumpkin - 20

House made Beetroot hummus, roasted butternut pumpkin, broccoli, dukkha, feta and tahini (v)

Bayside fish and chips - 25

Ale battered market fish and chips, herb mayo and lemon wedges

Berlin Pork Belly - 26

Crispy pork belly, sautéed crushed potatoes, braised red cabbage, bier jus and spiced apple compote

ASK OUR FRIENDLY STAFF ABOUT OUR WEEKLY LUNCH SPECIALS & EXCITING NEW KIDS MENU

SIDES

Fries - 9

Shoestring fries with Chilli Mayo sauce
add pec & truffle mayo +4

Panzanella - 12

Side salad of tomato, basil, sourdough, capers and green olives
add feta +4



@lof_rhodes



/lof.rhodes

No split bills. 10% surcharge on public holidays.

We will try our best to accommodate changes to the menu, however during busy periods this may not be possible. Thank you for understanding.

DRINKS MENU

Alcohol available from 10am

WINE

SPARKLING

Dunes & Greene Brut NV Piccolo SA	11
Redbank Prosecco King Valley, VIC	10/45

ROSE

La Vielle Ferme Rose Rhone, France	9/40
------------------------------------	------

WHITE

Corte Giara Pinot Grigio Veneto, Italy	9/40
Opawa Sauvignon Blanc Marlborough, NZ	10/45

RED

Earthworks Shiraz Barossa Valley, SA	9/40
Tilla Malbec Mendoza, Argentina	10/45

BEER

Corona Mexico	9
Heineken Netherlands	9
James Squire 150 Lashes Pale Ale Camperdown, NSW	9
Almaza Pilsner Lebanon	9

COCKTAILS

Single O Espresso Martini	17
LOF Lychee Martini	18

SPIRITS

Assorted spirits available at the bar

NEED A HOME FOR THAT SPECIAL EVENT?

Speak to our friendly staff about our function packages today!



JUICES

NECTAR Cold Pressed Juices: 7.5

The Big O
100% Sun ripened oranges

Green with Envy
Apple, celery, spinach, kale, lemon, cucumber, parsley

Sweet Cheeks
Watermelon, apple, cucumber

Tropi Cool
Pineapple, apple, lemon, mint, orange

SMOOTHIES

Mixed Berry	8
Banana	8
Mango	8

BOTTLED

Santa Vittoria Sparkling Mineral water	6
Santa Vittoria Still Mineral water	5

COFFEE

White	3.8
Black (Rotating single origin)	4
Soy / almond / extra shot / large	.5
Mocha	4
Hot chocolate	4
Chai latte	4
Prana Sticky Chai	6
Frappe	6
Iced coffee / mocha / choc	7
Iced latte / long black	5
Affogato	6
Espresso Cola	8

TEA

French Earl Grey	4
English Breakfast	4
Sencha Green	4
Peppermint	4
Lemongrass & Ginger	4
Chamomile	4